

Carterton Crier

MARCH 2024



Foodbank embraces change

Charles Rooking Carter Awards, 2024

Nominations Open from 13 March 2024 to 22nd April 2024



More information in this Crier or at: cdc.govt.nz/awards

The joy of reading

Imagine living in a world with no books and widespread illiteracy.

One hundred and fifty years ago, Charles Rooking Carter brought books to town and the Carterton library was born. Many people learned to read; others were read to – children in particular.

Reading to a child is a wonderful pastime. It helps develop their concentration, improves their vocabulary and can foster empathy and compassion.

When you read to a child you not only encourage their creativity, you expose them to new and different ideas, culture and art.

Picture books help a child connect the dots between what is said to what it is. Books with no artwork allow the child to become involved with the characters in the story and as they absorb the words they are transported to another time and place.

Plus, it's fun. You get to do all the voices and sound effects and discuss why brown cows don't produce brown milk.

Reading to a child, exploring the beauty of language, is a delightful way to wind down the day.

Snuggle up. Bath, book, bed. Nighty night, sweet dreams, I love you.

Look out for events commemorating the library's 150th anniversary (see Page 10).

Michele Graham, Guest Editor



Carterton's Foodbank is adding to its services, see Page 3 (photo by Lucia Zanmonti)

Thank you

The Crier is aided by grants from CDC Community Grants, Carterton Rotary, Eastern & Central Community Trust and WBS, and the ongoing support of Lamb-Peters Print.

©The Carterton Crier

Specifications

Paper provided by

BJ Ball

Stock

Sumo Laser 90gsm

Editor

Paul Dykes

Creative

Christine Miller

Print

Lamb-Peters Print
2477 SH2, Greytown
Wairarapa 5794
New Zealand
06 304 9245



Distribution

Volunteers

Published by

Carterton Crier Society Inc.

A not-for-profit Society operated for the people of Carterton.



Printed on environmentally responsible paper made carbon neutral by offsetting the emissions generated from its production and transport, produced using Elemental Chlorine Free (ECF) FSC® certified Mixed Source pulp from responsible sources, and manufactured under the strict ISO14001 environmental Management System.

BW O'Brien	13	LJ Hooker	28
Carterton Chiropractic	8	Property Brokers	16
Carterton District Council	1,3,6-7,14-15	Richmond Funeral Home	10
Carterton Preschool & Littlies	19	Rick Spooner Building Contractor	19
CB Contracting	18	Rodger's Handyman Service	19
Climb & Cut Tree Services	9	Safe Hands Plumbing	13
Driving Miss Daisy	4	Steve McDonald Concert	5
Elite Roofing	12	Ticehurst Building	10
Formed by hand concrete pottery	19	Wairarapa Boarding Kennels	23
Happen Films	12	Wairarapa Electrical & Appliances	11
Just Us Kids Preschool	9	Wai-UK Store	23



Editorial:
crier.ed@gmail.com

Advertisements: cartertoncrier@gmail.com 027 625 7765
Deliveries: crier.delivery@gmail.com 027 733 3106

Deadlines

Editorial: 5pm Thursday 28 MARCH 2024
Advertisements: 5pm Tuesday 2 APRIL 2024
Story word limit: strictly 300 (letters 200)
Delivered: 10-12 April 2024

FULL PAGE
195mm wide x 280mm deep



1/2 PAGE
195mm wide x 135mm deep



1/4 PAGE
95mm wide x 135mm deep



1/8 PAGE
95mm wide x 65mm deep



BANNER
195mm wide x 75mm deep



FRONT PAGE SOLUS
210mm wide x 60mm deep



Must have additional image area of **3mm bleed** on every edge plus crops

Advertising Prices (GST exclusive)

Front Page Solus	\$360	Files must be 300dpi
Outside Back Cover	\$550	PDF or JPEG at exact measurements
Full page	\$360	
1/2 page	\$265	
1/4 page	\$170	
1/8 page	\$90	
Banner	\$200	

Note: There is a special Placement Fee of 15% applied to the above rates if the advertiser stipulates the exact page the advert must fall on.

Circulation rural and urban Carterton: 4,500 (no Crier in January)

Find us online at www.cartertonnz.com/crier kindly hosted by CDBI (Carterton District Business Initiative) and The Carterton Crier

Disclaimer: Hey, we're all volunteers working to put out a **free** community newspaper for Carterton and district. If we have made a mistake, just let us know at crier.ed@gmail.com and we will endeavour to make amends. Thanks.

Embracing change, making the connection

This year began with a lightbulb moment – volunteers Debbie and Linda visited the Featherston foodbank.

“I realised that we were making choices about food parcels with no knowledge about what people might actually want. There was no connection between the clients and us,” Debbie says.

There is an evolving trend with foodbanks to work in partnership with clients, empowering them to make their own choices about their food needs. This has the benefit of reducing food waste. As Debbie says “why give people tea when they actually drink coffee?”

Carterton foodbank intends to build a stronger connection with its clients by instituting a meet and greet space. Here clients can chat to a volunteer and choose their own groceries from a basic list. They can also make selections from the choosing table that offers optional extras such as donations from local cafés – Wild Oats, Clareville Bakery and Good Bitches Baking, and seasonal fruit and vegetables from Vagabond Vege, Spray Free Vegetables and WaiWaste. The foodbank is also receiving a good selection of protein and fruit from WaiWaste.

We were overwhelmed by the generosity of our community who supported last year’s food drive. Currently our monthly expenditure on staple food items sits around \$1500. We are in the process of approaching various trusts and charities for funds.

We are also interested in the possibility of “product sponsorship”. One local family is already making monthly donations to cover the cost of buying crackers. Could your family become our tea bag champions? Please contact John at carterton.foodbank@gmail.com if this idea appeals to you.

If you could you spare some time once a fortnight to volunteer for an hour or so, please contact John. We need two or three more volunteers at present. If you have extra produce from your home garden you can drop it off to us at Haumanu House behind the Clock Tower, weekdays 10am to 11am.

Sabrina Sullivan

REAP Wairarapa now at Haumanu House

And along came REAP. Carterton Foodbank is delighted to welcome a financial mentor from REAP Wairarapa to Haumanu House in Carterton every Wednesday.

REAP Wairarapa offers free financial mentoring with its Building Financial Capabilities team, a client-led service helping people make their budgets more sustainable and set money goals for the future.

Financial mentors work with families who have fallen behind in paying rent, power and medical bills. They can assess whether families are receiving correct work and income entitlements and accommodation allowances.

They assist older clients to ensure they have a safe and secure home to live in and the correct accommodation allowances. They can also assist in applying for a rates rebate.

For young people transitioning to the workforce, there is help with budgeting and setting up a savings plan for future goals.

Foodbank and REAP Wairarapa are working together. REAP can immediately refer a client for a food parcel on the spot and assist the client to create a food budget, with provision for food parcels in the future, if needed.

To book a chat with a financial mentor, phone 0800 924 7323. The service is free and available every Wednesday 10am–1pm at Haumanu House. Walk-ins are also welcome.



Carterton District Council is a major supporter of Foodbank, and councillors joined in the recent photo shoot with Foodbank volunteers (Photo credit Lucia Zanmonti)

How does your garden grow?



"In the light of the moon, a little egg lay on a leaf," begins the much-loved Eric Carle children's story about a caterpillar.

Indeed, the eggs of the cabbage white butterfly are really small, barely perceptible, and everywhere. They turn into very hungry caterpillars in about five days.

At the end of February, they are abundant, including on newly purchased seedlings. You could use derris dust to deter the butterflies from laying or brush off the eggs gently by thumb, so they cannot hatch on your plant.

Last year wasps decimated our apples and were problematic around the bee hives. To control the infestation, we baited the orchard and have barely any wasps this year. It is our bees that have been hungry for nashi pears. I'm sure the sacrifice will be worth it when we harvest honey next season – will it have notes of nashi pear?

Fifteen years ago, we planted our first pine nut tree. At the time I had no idea how difficult it might be to grow pine nuts. Now wiser, I appreciate why pine nuts are both delicious and relatively expensive. This year we harvested the first pine nut cone and processed it producing a bit less than a single tablespoon – about 70 kernels.

The first cone took three years to grow to maturity; one cone produced 150 nuts of which 50% contained good kernels. We used vice grips to crack the nuts and pinch off the end to remove the kernel. There aren't many cones on the tree, but at least we have had a taste of things to come and perhaps we won't eat them all at once.

There was never a better reason to mulch.

Barbara Thompson



First harvested pine nut kernels

Are you the top hat or the boot?



Get ready to experience Wairarapa like never before with the Monopoly Wairarapa Edition. Celebrate our region's charm with custom tokens, stunning illustrations by a local artist and your business.

There could be a square with your name on it

From just \$750 your business can feature in this iconic game. By including your business, you're investing in Wairarapa's economic vitality. Spearheaded by Business Wairarapa this initiative ensures ongoing programmes and services for businesses in the district.

Business Wairarapa is also collaborating with Destination Wairarapa, assuring both representation and promotion of this fabulous region.

This edition enhances Wairarapa's economic appeal, showcasing local businesses and attractions to monopoly players worldwide. Don't miss out on this opportunity to be part of history by securing your square.

Businesses must be members of Go Carterton or another Business Wairarapa umbrella group to be involved. Membership with Go Carterton is available from \$140 a year.

Visit wairapachamber.co.nz/monopoly/ or email Lou at info@gocarterton.co.nz

Lou Newman, Go Carterton coordinator

75% Discount on trips

Driving Miss Daisy is NZ's number 1 friendly and reliable companion driving service.

We can drive and accompany you to:

- Medical and other appointments
- Companionship outings
- Grocery or other Shopping trips
- Family / social occasions
- Take your pets to the vet
- Scenic drives

Total Mobility Scheme clients receive a subsidy increase to 75%. ACC contracted supplier.

If you have an injury that is covered under ACC, you can request to use our reliable service for your injury-related transport. We claim directly from ACC. Please contact the ACC contact centre on 0800 222 435 ext 12 to obtain pre-approval.

Available 7 days a week - Pre-booking essential, especially for weekends.



To make a booking call Christian:

Ph: (06) 377 0232
Mob: 027 310 8005

Email: wairarapa@drivingmissdaisy.co.nz
www.drivingmissdaisy.co.nz



INDOOR POOL

Swimming in myths

The indoor pool project group has heard some myths out there in the community. Kellee McCurdy from the club has agreed to bust four of the bigger ones.

Myth #1: It's a club facility. Kellee says the pool was built for the community, by community volunteers on council land and it's not a private facility. A range of local businesses and service groups have helped build and maintain the pool over the years. It's used by a cross-section of the community, including learn-to-swim toddlers, seniors' aqua-aerobics, school groups, local group bookings (like Thrive) and lane-swimming for key-holders. The pool does not draw on ratepayer funds.

Myth #2: It's run for profit. Kellee explains that the club has been a charitable incorporated society since 2015. The club owns the facility but leases the site from council. It contracts operation of the pool locally and relies substantially on fund-raising for repairs and improvements.

Myth #3: It's not a suitable community pool. Kellee accepts the pool is not flash but it does the job. The 0.9m depth is perfect for learners and pretty good for the mobility-impaired, seniors and physical rehabilitation. It's just deep enough for club purposes and the small volume is very efficient for heating and cleaning. It's the only non-private indoor pool in the southern Wairarapa, which is underserved per-capita for indoor swimming. Carterton council supports the rebuild, but no southern Wairarapa councils are planning for an indoor aquatic facility. It meets all community aquatic needs except leisure and recreation, which is provided by local councils.

Myth #4: It's run down. While the building is due for retirement, the pool tank is structurally sound and does not leak. A new building will ensure another 50 years of indoor swimming for the Carterton and southern Wairarapa community.

Thanks Kellee for busting those myths. To donate to the rebuild visit givealittle.co.nz/cause/cartertonswimmingclubindoorpoolproject

What's On in Carterton

Aratoi Art autumn exhibitions, Lisa Chandler *Landscapes of Loss* 23 March–19 May, Lester Blair *Twenty-Four Churches* until 16 April, James Bragge *Splendid Scenic Gems* until 5 May, King Street Artworks until 26 May, Staff Picks from the Collection until 5 May. Aratoi's Autumn Full Gallery Opening is on 22 March from 5.30pm. All welcome.

Carterton Netball Club trials Tuesday 12 March Trial one 6pm at the Carterton School courts. Thursday 14 March Trial two 6pm also at the school courts, pre-season tournament, Saturday 6 April, email

cartertonnetballclub@gmail.com
Creating Media workshop is free, email quiver@arrowfm.co.nz to secure your place, or just turn up to Wairarapa REAP at 340 Queen St., Masterton 1–4 pm on Saturday 16 March. Refreshments provided.

Ellie's K9 Rescue & Rehome fundraiser, a Wairarapa Experience Easter Saturday 30 March, Celtic musician Steve McDonald with opening act Paul Mason, catered R18 event, limited tickets on sale at Carterton Events Centre
Greytown Music Group Amiki

Trio Tales of Love & Enchantment 4pm Sunday 7 April. 57 Wood St, Greytown. Admission \$30, children \$10. For bookings, email efjacooke@gmail.com or call 06 304 9497

Happen Films is releasing a new short film featuring Helen Dew – *Being the Change* at 85 premieres at the Carterton Events Centre, tickets \$8, book through Humantix. 22 March 7–9pm, Rangatahi Hub, Carterton Events Centre. Refreshments provided.

Pick-you-own apples and pears, 9am–4pm each weekend until the end of King's Birthday

Weekend at Molewood Orchard, 17 Mole St, Greytown

Sunset Cinema "First Cow" saddle up for Friday 29 March and lope on down to Rangitahi Hub (down the lane beside the Carterton clock tower). Doors open at 7pm for cakes and refreshment, visit sunsetcinemacarterton.com

The Great Gladstone Plant Fair debuts on Saturday 13 April in selected gardens and refreshments will be available at Longbush Cottage, rain or shine, 10am–4pm, tickets \$35 + booking fees, available from iTicket and iSites

MEET THE LOCALS

New group offers friendship

After 12 years of living in this gorgeous little town, the Moles are setting sail for the Sunshine Coast.

My greatest purpose in life thus far has been to connect people within my community for friendship, fun, fitness and sometimes even a little romance, through Balter Bar, Thrive Community, Baby steps to Thrive (fitness) and Querencia (a ladies only social group).

The last piece of the puzzle is Meet the Locals, a monthly catch-up for coffee, conversation, banter and friendship. Whether you have been living in Carterton 4 weeks or 40 years, everyone is welcome.

We meet the second Sunday of every month at Kainga Eatery, 10am. Find us on FB or give me a call. Kylie 027 688 9401



a wairarapa
experience



LIVE MUSIC FROM NZ'S OWN CELTIC MUSICIAN

steve mcdonald

AN INTERNATIONAL PERFORMER WHO HAS SOLD
5+ MILLION ALBUMS WORLDWIDE!

SATURDAY 30 MARCH 7:30PM

CARTERTON EVENTS CENTRE
TICKETS \$35 PER PERSON (+BOOKING FEE)
BOOK ONLINE AT WWW.CARTERTONEC.CO.NZ

Charles Rooking Carter Awards

Awards Night - 22nd June 2024

Let's set the scene. Imagine a snow filled secluded valley surrounded by trees and mountains. You arrive from a busy winter's day to the welcoming, warming and cosy Charles Rooking Carter ski chalet where you have been invited to celebrate the Carterton community with hearty winter fare; lots of laughter and stories. The perfect place to shake off the winter and share with your family and friends.

The Carterton District Council's Charles Rooking Carter Awards is a triennial awards ceremony to publicly acknowledge and celebrate the volunteer work, business innovation and achievements of members within our community. Nominees in every category must have carried out their contributions in Carterton.

How do I nominate?



All nominations must be received by email to communityevents@cdc.govt.nz, online or in person to the Carterton Events Centre by **5pm Monday April 22nd, 2024**. Visit our website at cdc.govt.nz/awards; pick up a form from the Carterton Event Centre or Carterton District Council Offices or fill in the nomination page opposite.

What are the categories?



Volunteer Service Award - recognises the important role of volunteers whose service positively impacts the Carterton Community. Could go to either an individual or group.

Entrepreneurship Award - recognising an individual, organisation or project which is trying something new and innovative to solve a problem that is impacting on the Carterton District.

Business Award - rewarding a business which has demonstrated exceptional commitment, excellence, and innovation in creating a positive and supportive work environment.

Environmental & Sustainability Award - recognising an individual, organisation or project making an outstanding contribution to improving Carterton's environment and sustainability.

Youth Award - recognises and celebrates the passion, success and commitment of rangatahi (aged 12 to 24 years), who are leading change, innovating and creating solutions.



Charles Rooking Carter Nomination Form - Due 5Pm, 22 April 2024

Nominator Name:

Phone number: Email:

Please tell us about the individual, organisation, project or business you wish to nominate.

What is their name?

Which category are you nominating in?

Why have you nominated them for this award?

How long have they been involved in this area?

How has Carterton benefitted from their contribution?

Are there specific projects the judging panel should be aware of?

Please tell us about how your business takes care of its sustainability and environmental impact. (if applicable)

Any additional information:

The more information given to the judges the better! If you have any supporting documents, letters or photographs please ensure you attach them to the email you send, or have hard copies attached when you drop this in to the Carterton Events Centre.



You can win an original

We are going from strength to strength. Our volunteer base is growing, with more artists participating to keep the gallery open.

For an artist to have a panel in the gallery or artwork in our shop, they must be a member of Wai Art and volunteer for one, two-and-a-half-hour shift per month. Some artists find this impossible, so we allow artists to contribute to the gallery in other ways.

Our first contributor under this new scheme is Iwen Yong, who has donated the painting *Teawaiti* to be raffled off. You can purchase

tickets for \$5 from the gallery throughout March and April. The winner will be drawn Monday 6 May at the Wai Art meeting. The proceeds from the raffle will benefit all the gallery.

In the past, we've had a near-new refrigerator donated by Max and Yvonne, carpet from Anthea, Roger our painter/handyman, Marty who does general maintenance, as well as numerous donated easels, brushes and art supplies, and we do need a new computer.

In other news, we've had quite a shuffle of artists' panels in the gallery. Lots of new artists and existing panel holders are refreshing their panels more often, so there is always something new to view.

Don't forget that we have numerous greeting cards – some of which are original



Artist Iwen Yong

mini artworks – limited-edition prints, tea towels and hand-blown glass. So come on in. There is something for everyone in every price range.

ARATOI ARTS

Finding the joy in life

We live in a constant state of crisis. Fires rip through forests, flood waters erode coastlines, wars tear cities to the ground, pandemics take lives, inequality divides us, and it is easy to feel that we exist in a time of ruin.

However, it is important to also see the beauty in life and enjoy the small things. This season at Aratoi we ask you to think about the

big issues we face, but also enjoy the sunnier side of life; discover beautiful architectural buildings, wonder over photographs from a bygone age and enjoy eclectic joyful creations.

The main gallery exhibition is Lisa Chandler, a prominent New Zealand contemporary history painter, with her show *Landscapes of Loss*.

Lisa seeks out that which defines our time – the forces that have created this moment. It is impossible for her to ignore the various crises that we face, and with *Landscapes of Loss* she tackles the broad external and existential forces that impact the ways in which we live our lives and perceive our world.



Lisa Chandler, detail from *Forgotten* (diptych) 2021

Aratoi's Autumn Full Gallery Opening is on 22 March from 5.30pm. All welcome.



Stefan Pallister DC, DipHA

CARTERTON CHIROPRACTIC CLINIC LTD.

WE'VE MOVED!

NOW IN OUR NEW CABIN IN KUPE DRIVE

At Carterton Chiropractic Clinic we've been in clinical practice in Carterton for 14 years following 6 years at Murdoch University. We have a wonderful mix of patients from the very young to the very elderly. Our patient-centred, evidence-based approach to care is something we take pride in, & we have a special interest in care of the older patient.

CALL TODAY TO MAKE AN APPOINTMENT

Our cabin was designed, built, & installed by East Taratahi Building Supplies. Special thanks to Dwayne Osborne & team.

Also thanks to Marty from Wairapa Electrical. Further thanks to Spencer Pallister, Vicki Waller, Robyn Cherry-Campbell, & Mick Campbell.

Ph: (06) 379 6768
16 Kupe Drive, Carterton



Billy Graham

PARKINSON'S WAIRARAPA

Living positively with Parkinson's

A small group of Wairarapa people living with Parkinson's gathered at the Carterton Court House in February to listen to and be motivated by Billy Graham.

Billy Graham is a former New Zealand and Australasian light welterweight boxing champion and has spent a lifetime involved in sport and physical fitness. He has achieved international success through goal setting and determination and has turned common sense into an art form.

Billy is now a world-class international speaker, a great motivator and fitness advisor. He puts his winning philosophy into practice every day of his life and delights in sharing his

zest for living with others.

From humble beginnings in Naenae, Billy has faced life head-on with enthusiasm and this was evident during the afternoon. His warm and passionate presentation inspired the group to challenge their outlook and increase their potential.

The afternoon ended with a good chin-wag over refreshments as we reminisced over our past youth.

Parkinson's Wairarapa is keen to present several "Living Positively with Parkinson's" events during the year. Some will be Parkinson's specific, while others will be similar to the February event – enabling us to live positively. If you would like to be included on the invite list, please get in touch.

For further information about Parkinson's in the Wairarapa, please check us out on Facebook at Parkinsons Wairarapa or contact the local Action Group wai.parkinsons@gmail.com or phone 027 264 8623.

DIGITAL SENIORS

Connecting with technology

In today's increasingly digital world staying connected and informed can be a challenge for many seniors.

Digital Seniors, a New Zealand based charity, is stepping in to bridge the gap by providing free one-on-one technology support to seniors across the country, empowering seniors through technology.

Digital Seniors' team of friendly and patient volunteers provides personalised assistance with a wide range of devices and software, from smartphones and tablets to laptops and computers. Whether it is learning how to send emails, connect with loved ones on social media or shop online, Digital Seniors helps seniors to embrace the benefits of technology and participate more actively in the digital world.

The impact of Digital Seniors goes beyond just teaching tech skills. The programme fosters social connections, combats isolation and boosts seniors' confidence and self-esteem. Many seniors who participate report feeling

more connected to their families and friends and more independent in their daily lives.

With the growing demand, we are urgently seeking more volunteers to join our team. Volunteers commit as little as two hours per week. No prior tech experience is necessary as Digital Seniors provides comprehensive training and ongoing support.

Becoming a Digital Seniors volunteer is a rewarding way to give back to your community and make a real difference in the lives of others.

Call 0800 373 646 or email contact@digitalseniors.co or visit our website at www.digitalseniors.co.nz

Rick Bryant

Just us kids preschool



36 Victoria Street, Carterton

Phone (06) 379 5375

Open 7am – 5.30pm

- Quality education for children 0-5 years.
- Qualified teachers. **20 hours Free E.C.E.**
- Warm and relaxed open environment.
- Child-lead curriculum where teachers acknowledge Whānau aspirations for their children.



Climb & Cut TREE SERVICES

Qualified Wairarapa Arborist
specialising in:

Tree reductions & removals
Pruning & Trimming
Hedging & Shaping
Stump grinding & Storm Damage

Free no obligation quotes!

Andy Traill – 0274509207
traill@live.com



Rose notes

Bloomin' pesky caterpillars

March is a good time to remove roses that have not done well in your garden. Roses take three years to establish, so don't be too hasty with your decision.

When replacing your roses, look for a variety that is healthy.

Now the weather is cooling, your flowers will be smaller and caterpillars and aphids may become more troublesome. When dealing with these pests using sprays, please be careful of our bees. Spray early in the morning so the spray can dry before the bees start working or spray later in the evening when they have gone back to their hives.

Only spray if absolutely necessary and think of using biological controls – these work well.

Keep watering and stake all basal shoots, which will grow and have time to mature before you start pruning in July.

A light feed now will help your autumn flowers.

Phillippa Edwards, Carterton Rose Society

CARTERTON LIBRARY

It's going to need a big cake

Carterton Library turns 150 on 24 March, making it New Zealand's oldest continuously operating library.

Imagine a time when books were a luxury and literacy wasn't widespread. Most people could only enjoy books at "readings" held in private homes where they would pay a penny to attend.

In 1873, the year before Carterton Library was established, Charles Roeking Carter purchased 200 books from London with money raised for the purpose. Originally open only to paying members, money from subscriptions enabled the building of a purpose-built library

Opened in 1881 the original building still stands with a sympathetic modern extension and remains a beloved local landmark for the community.

These days, the library is part of the Wairarapa Library Service that includes Featherston, Greytown and Martinborough Libraries. It's open to everyone and free to join. It's also part of a network of lower North Island libraries, which gives borrowers access to a combined collection of over a million items. Best of all, it doesn't cost to reserve and borrow books from any of these libraries.

As a community hub, it's much more than books. Whether it's a quiet spot to work/study, read the newspapers or to choose magazines and DVDs for a lazy weekend. The little ones can enjoy story-time or fun after-school activities. You can take advantage of free Wi-Fi, check your emails and do some printing.

Look out for events commemorating the library's 150th anniversary at www.wls.org.nz and Facebook.

Trials, tournaments and twilight

The courts are buzzing, the teams are ready and the thrill of competition fills the air as Carterton Netball Club's highly anticipated Twilight Netball Competition is officially underway.

We have 20 teams enthusiastically taking part in our twilight competition on Wednesday nights.

For those eager to showcase their skills and secure their spot on a team, mark your calendars for the upcoming trials. Tuesday 12 March Trial one 6pm at the Carterton School courts. Thursday 14 March Trial two 6pm also at the school courts.

Save the date for our pre-season tournament, Saturday 6 April. This is a good opportunity for teams to gel prior to the season starting.

Netball not only provides an avenue for exhilarating matches but also offers a fantastic opportunity to forge lasting friendships. If you're keen on joining the Carterton Netball Club, email cartertonnetballclub@gmail.com

Stay connected for the latest updates, scores and highlights throughout the season via Facebook ([cartertonnetball](https://www.facebook.com/cartertonnetball)) and www.sporty.co.nz/cartertonnc

Let's make this season one to remember.



Richmond Funeral Home
Incorporating Clareville Crematorium

Richmond Chapel
10 Richmond Rd, Carterton
06-379 7616
Toll Free 0800 3797616

'Richmond House'
2 Fitzherbert St, Featherston

Peter & Jenny Giddens

Visit: www.richmondfuneralhome.co.nz

'Serving the Wairarapa for over 40 years' **Tried, Trusted and Proven** ✓

Matt Ticehurst Building

- New Builds • Renovations
- Alterations • Decks
- Repairs & Maintenance

027 288 8166

matt@mtbuilding.co.nz



The slide awaits

SOUTHEND SCHOOL

Summer fun in shade and sun

Our pool at South End school has been renovated thanks to Pool Construction and JF Builders.

Our pool was concrete for many years but now our 56,000 litre pool has been fibre glassed and will last for many more years. We also got a new water main, pumps and four new skimmers.

Our pool is open in Term 1 and the end of Term 4 for our school. Class lessons are held every day in summer and at lunch our principal opens the gate to the pool and lets kids from our school swim.

By Eloise and Ruby



Summer fun

SOUTHEND SCHOOL

Changes at South End School

Our school has been fundraising for updates to our playground for about 18 months and finally we made enough money to start making some additions during the holiday break.

In the school holidays, friends of our school, Richard and Phil, built a tree platform with a slide and challenging steps in our school courtyard.

In our back playground they also built some swings and added a climbing rope that can handle adult weights, which means our teachers can go on them!

By Fuschia, Aimee, and Syl

We are your one-stop shop for everything electrical

- Sales and service of most brands of whiteware and electrical goods
- Wiring for renovations and new builds
- Electrical repair work

We can price match 'big brand' stores in Wairarapa*



LOCALLY OWNED • SERVICING WAIRARAPA-WIDE

**Wairarapa Electrical
& Appliances (2017) Ltd**

34-36 High Street Sth, Carterton
E: wealtd@xtra.co.nz
P: **06 379 8930**

*T&Cs apply

Saturday mornings begin again

Shed activity is cranking up. The first committee meeting held recently brought us up to date with aspirations and goals that we set before the Christmas break.

One day a month will be dedicated to equipment maintenance, cleaning and working on shed-only projects. Safety in the workshop was a focal point of discussion. Even though no significant injuries were sustained, there were some concerns that using certain machines could lead to injuries. It was agreed to also record close calls in our incident book as a preventive measure.

We had a stall at the A&P auction and at the Carterton school fete 15 March. A hunt around for suitable items has unearthed a plethora of donated odds and ends such as window



Some of the regulars taking a hard-earned rest

latches, hinges, fasteners, cabinet fittings, etc. These hard-to-get items may be just what you are looking for so it could be worthwhile coming down and having a look. We may be able to help.

Saturday morning openings will begin again on a regular basis, barring public holidays. Contact Rodger at rodger.pringle@gmail.com.

com for more information. New members are welcome to come along to have a look. We are open Monday, Tuesday, Thursday, Friday and now Saturday mornings 9am–12:30pm at the A&P showgrounds off Chester Rd.

Stephen cartertonshed@gmail.com. Or 027 488 7155

Terry Taylor

Happiness is my favourite colour

Cartertonians, cast your memory back to 2019 when thanks to the hard work of Wai Art Trust and the generosity of Resene Paints NZ, Library Square got a colourful makeover.

With a patchwork of colourful pavers and old school games of Snakes 'n' Ladders and

Hopscotch, Holloway St was looking a million bucks. It was a pleasure to see the passing children and energetic caregivers caught up in a no-device-required space of active games as they made their way through their days.

A handful of years have passed since Anna

Kingsley and Mike Osborne unleashed their paint brushes and imagination to create this marvellously colourful addition to our town's centre. Unfortunately, over time the paint faded, leaving the space looking dull and tired and Library Square was no longer the shiny new thing.

Worry not, fair reader, for help was at hand as Anna and her Wai Art team had also noted this and were at the ready to reinvigorate the space with a lick of brightly coloured paint to the courtyard, a refresh of the games (including new dice) and a much-needed touch-up to the wooden benches that frame this area.

This time, Mike wasn't on hand to share in the mahi (we still miss you Mike), but after a quick water blast from CDC, Anna's team was on the case with the repainting done in a handful of days and the space looking vibrant and engaging once again.

Thanks to everyone involved for bringing Library Square back to its colourful self. To the volunteers from Wai Art Trust (Anna, Alice, Bruce and Aneta), CDC for the support and Resene Paints NZ for supplying the paints.

Happiness is my favourite colour once again.



Library square refresh



ELITE ROOFING SERVICES

SPECIALISTS IN COMMERCIAL & RESIDENTIAL ROOFING
 New roofs • Re-roofs • Skylights • Spouting • Edge protection

☎ 021 032 3843 ✉ eliteroofingservicesltd@gmail.com
 🌐 eliteroofingservices.co.nz



HAPPEN FILMS. presents

BEING THE CHANGE AT 85

Join us for 3 short films + Q&A – All Welcome

- Premiere of a new short film featuring Carterton local Helen Dew
- Two short films from the series "Something Beautiful for the World"
- Q&A with Helen Dew & Antoinette Wilson (Happen Films)

When: Friday 22 March 2024, 7-9.30pm
 Where: Rangatahi Hub, Carterton Events Centre
 Tickets: \$8 from Humanitix, full details at: <https://events.humanitix.com/being-the-change>

SHORT FILM PREMIERE



Carterton local to feature in new short film

Kiwi-Aussie production company Happen Films is releasing a new short film featuring Carterton's very own Helen Dew.

Being the Change at 85 premieres at the Carterton Events Centre 22 March. Being the Change at 85 is part of a series titled Something Beautiful for the World, a collaborative project between three filmmakers that will see 12 short films released, one a month, over the course of 2024.

The series focuses on small acts with immeasurable impact. Small acts of love, kindness and beauty have ripple effects that we may never see or understand, but they can change our world for the better.

Anyone who knows Helen Dew knows she's been a force to reckon with in Carterton over the past decades, educating about growing our own food, saving seeds, alternative currencies and why understanding the flaws in our monetary system is so important to being resilient as individuals and a community.

Helen has been a source of inspiration and motivation for so many people in this region and has truly created, over the course of her life, something beautiful for the world.

The evening will comprise of three short films from the series, one



Being the Change at 85

by each filmmaker, plus a Q&A with Helen and Happen Films producer Antoinette Wilson who was once a Carterton local.

Tickets \$8, book through Humantix. 22 March 7-9pm, Rangatahi Hub, Carterton Events Centre. Refreshments provided.

Antoinette Wilson

CARTERTON KINDERGARTEN

Tiny green thumbs

We arrived back from term break with our gardens full of produce ready to be harvested. The produce is used in cooking experiences at kindergarten and/or donated to whānau.

There were enough strawberries for us all to try, potatoes ready to sample in many ways, sunflower seeds to repurpose as gifts and other delicious fruit and vegetables.

We have been rewarded with all these tasty treats as a result of us being great kaitiaki nurturing our gardens. Our core philosophy value Te Taiao to be kaitiaki, having respect for our environment, ourselves and others, supports and guides this mahi.

Head teacher, Angie Kitto





Keep your family cool in Summer and warm in Winter with a Daikin Heatpump
Call us for a no-obligation free quote



B.W. O'BRIEN & CO. LTD.
138 Dixon Street, Masterton
Ph: 06 378 2288 | Mobile: 0274 425 022
E: office@bwo.co.nz www.heatpumpswairarapa.co.nz

DO YOU NEED A PROMPT AND RELIABLE PLUMBER?

- Roof repairs • Spouting
- Burst pipes
- Kitchen / bathroom upgrades
- And all other maintenance plumbing

Certified Craftsman Plumber
Competitive hourly rate



"Your job is always in safe hands with us"



Safe Hands Plumbing

Contact us now
021 605 603
steve@safehandsplumbing.co.nz
www.safehandsplumbing.co.nz

Project Pulse



Our upgraded animal facility close to completion

Our upgraded animal facility is close to completion after a new value-for-money option brought new life into the project. Initial costing on a new build pound for stray dogs and other animals was originally \$370,000 to \$500,000.

Council chose not to proceed at those figures. However, working with local companies, a modification of the existing site was created for a fraction of the cost, at \$79,000.

Work started in 2023 and the facility is almost complete, with fencing and power now required.



Celebrating 150 years of libraries in Carterton

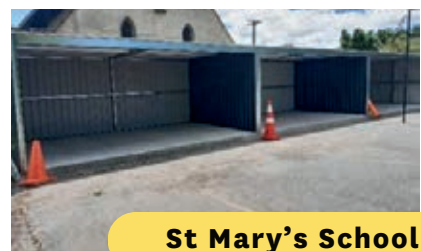
Get ready to celebrate Carterton District Library's 150th birthday. Look out for events ahead of and on the big day - 24 March!



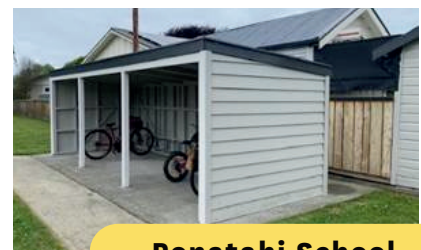
Transport Choices – Bike Sheds

Bike sheds are now complete at South End and St Mary's Schools. There is some fitout work to complete. We have had great feedback from the schools, the bike sheds are a real asset to their school communities. Dalefield bike shed is under construction, and Carterton School's site is ready for the foundations to be poured.

Ponatahi Christian School did not want a new bike shed but we have funded the painting of their existing shed. The entire Transport Choices programme has been reviewed by Government, we have already received funding for the bike sheds so there is no risk involved with the continuation of these projects.



St Mary's School



Ponatahi School

Project Pulse



Waste Management Grant Extended to 31 March

Have you got a great idea to get our community towards Zero Waste? Get support through a Waste Management Grant, now open to 31 March. More information at cdc.govt.nz/community-funding.



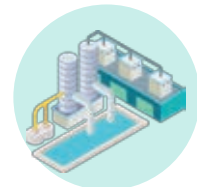
Representation Review

A third phase of our representation review will begin soon. The first two phases of the review, Māori ward and electoral systems, were completed in 2023. The next phase determines the number of elected members and if voting will be 'at large' or using wards.



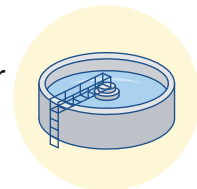
Dalefield Road Water Storage Tanks & Pump Station

The water storage tanks at Dalefield Road have been commissioned and tested. They are now storing potable water and adding to Carterton's water resilience. A pump station has been completed and commissioned to supply water to the new tanks



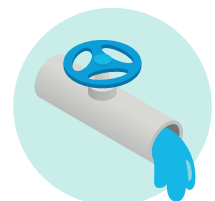
Wastewater Reservoirs

Waikato Regional Council have issued the Code of Compliance certificates for the reservoir construction. WRC is one of only three councils in the country with accreditation for dams and reservoir compliance management. The reservoirs are now complete and in operation.



High Street North Water Main

G&C Diggers started on the water main in early November, and completed work in January. The team is now currently installing the new laterals and are close to completion.



Easter lift-off

The much-loved Wairarapa Balloon Festival will return with a five-day festival of flying that delights locals and draws crowds from around the country.

As one of the region's flagship events, the festival will again take place over Easter, running for five days from 28 March – 1 April, with New Zealand and international balloons taking to the skies providing a spectacular visual display.

The lift-offs – known as ascensions in the ballooning world – will be over Masterton, Carterton, Greytown and Martinborough, wrapping up with a mystery location on Easter Monday. The ticketed 'Night Glow' event will take a break this year, returning in 2025.

Ballooning Wairarapa president Dean O'Brien says it's exciting to be able to provide an event that everyone can look forward to over Easter.

"The Wairarapa's big, wide-open spaces and settled weather make our region one of the best-suited and most popular ballooning regions in the country. We're excited to be able to bring back this free part of our festival again where families and friends come together to see the magic and beauty in the skies above.

"We encourage everyone to make the most of it, by having a picnic in their garden or in a nearby park and creating some great memories."

Another fun element to the festival will be the balloon competitions, where balloonists use their technical skills to complete a series of challenges. There will also be the chance to have the experience of a lifetime with Ballooning Canterbury offering Hot Air Balloon flights over Wairarapa.

Destination Wairarapa general manager Anna Nielson says that the festival is always a much-anticipated event on the Wairarapa events calendar. "The balloon festival is firmly linked in people's memories to Wairarapa's big open skies and a wonderful drawcard for attracting visitors from surrounding regions. This festival, coupled with the other attractions we have to offer, make Wairarapa a perfect place for visitors over the extended long weekend."

For more information contact Larissa O'Brien at wairapaballoon@gmail.com or phone 027 533 658.



#1 Sales Team for Property Brokers Wairarapa



With recent changes in the property market, and a substantial amount of media coverage regarding these changes, we have found that many homeowners are curious to know what their properties are worth in the current market.

If you would like an up-to-date appraisal, give us a call and book a free no obligation appraisal. It's that simple!

Experience the power of three

3x

knowledge

Erin Nesdale

M 027 457 9055

E erinn@pb.co.nz

3x

experience

Benn Milne

M 027 526 5026

E benn@pb.co.nz

3x

service

Jillayne McGregor

M 027 226 5155

E jillaynem@pb.co.nz



Property Brokers

Proud to be here

pb.co.nz

Property Brokers Ltd Licensed REAA 2008
Q008465

Big gala Friday fun night

The infamous Carterton School Gala is happening Friday 15 March 4–7pm. You won't want to miss this incredible evening.

The gala is the biggest fundraiser of the year for our school. It is a fantastic evening for the community. We have hundreds of people attend for an evening of fun, laughs, activities, food, and entertainment.

Our gala is possible only because of the very generous support and sponsorship by our amazing local businesses and our dedicated team of volunteers, who put so much effort into creating a wonderful atmosphere and community-friendly event.

Primarily the funds raised from the gala are used to support our tamariki. We frequently get requests for classroom resources, specialised equipment, playground equipment, sports supplies and anything else the teaching team may need to support the learning of all our students. Seeing our tamariki using and appreciating the items makes all the effort and hours of planning worthwhile.

This year we are ensuring there are more food stalls by including some of our local food carts. And we have activities for all ages in the whanau. Our tamariki have organised fun and games for school-aged children, from haunted house to face painting as well as a hot-air balloon walk-in experience, and much more.

For the adults we have rowing and biking competitions, tug-of-war, a mini craft market and a barber, so come and get your hair cut on the night.

If you have any queries or would like to discuss how you could contribute to our gala, please contact our school office on 06 379 4010 or email: admin@carterton.school.nz



SUNSET CINEMA

Ride off into the sunset with First Cow

We are thrilled to be screening our first-ever Western this month. First Cow is based on the novel "The Half-life" by Johnathan Raymond, and follows the wheelings and dealings of the devious and opportunistic Cookie and Lu.

Sneaky night time milking of the first cow in the outpost leads to their rise in fortunes with their baked goods, but also ultimately to their downfall. Director Kelly Reichardt is a genius of minimalist cinema. Her beautifully paced filming allows time for contemplation. Her films "Old Joy" and "Wendy and Lucy" are still widely discussed almost two decades later and First Cow wowed the critics upon its release in 2019.

Saddle up for Friday 29 March and lope on down to Rangitahi Hub (down the lane beside the Carterton clock tower). Doors open at 7pm for cakes and refreshment. There might even be clafoutis and hopefully better than Cookie and Lu's attempts. The movie starts at 7.30pm.

You can find further information about membership and sampler tickets at sunsetcinemacarterton.com. It is not too late to grab a full membership for the year. A big bonus of a full membership is the opportunity to use this at any other Film Society screening in New Zealand. This is the jackpot for any movie buff with both Wellington and Palmerston North offering weekly screenings.

We look forward to seeing you. Stetsons and cowboy boots are welcomed.

Sunset Team: Lucia, Pipi, Jason, Minty, Jane, Louise, Noel and Odette

Star Bear welcomed to classrooms

This year Team Kawakawa at Carterton School has five classrooms for Year 0-3 students.

As we begin the year, the classrooms are buzzing with the excitement of Prime Maths, Structured Literacy, swimming, Inquiry Play and many other learning activities.

Some of the Team Kawakawa classrooms have an exciting new addition – Star Bear. Star Bear is a soft teddy bear that wears a school uniform and is part of the classroom environment and culture.

Having Star Bear in our classrooms serves as a tangible symbol of recognition for good behaviour. Each afternoon (in most of these classrooms) a Star of the Day certificate is awarded to a student who is a worthy recipient. On Fridays, one student takes Star Bear home. Taking Star Bear home reinforces positive conduct and creates a sense of pride and responsibility.

Star Bear fosters a supportive classroom environment, encouraging students to strive for excellence and exhibit kindness towards others. The opportunity to care for Star Bear at home promotes a deeper connection to classroom and school values and reinforces the importance of consistent positive behaviour.

Ultimately, having Star Bear present in our rooms cultivates a culture of respect, cooperation and mutual encouragement among students, laying the foundation for lifelong character development.

Melanie MacGregor, Team Leader, Team Kawakawa



The Star Bears encourage good behaviour

CARTERTON EVENTS CENTRE

Prima Facie a proven hit

The Carterton Events Centre team has partnered with Gawith Burrigde to bring Susie Miller's smash hit play Prima Facie to our stage.

Prima Facie is the story of Tessa, a criminal defence lawyer at the top of her game and loving it – defending, cross-examining, and playing the rules of the law to win. But when the tables turn, she finds herself at the mercy of the very system she dedicated her life to. Shadows of doubt are illuminated, making us question, who is our legal system serving?

It has been a huge hit all over the world. This production, starring award-winning actress Mel Dodge and directed by New Zealand theatre legend Lyndee Jane Rutherford, is no exception.

Carterton Events Centre team leader Erin Banks said Prima Facie is a one-woman masterpiece. It aims to shift perspectives and question what's black and white in the eyes of justice.

Prima Facie will perform at the Carterton Events Centre on Friday 26 April. Tickets for the performance are available via the Events Centre box office and website www.cartertonec.co.nz



Love is in the air with Amiki

The recently formed Amiki Trio is based in Wellington. Vocalist Barbara Paterson, flautist Karen Batten and pianist Rachel Thomson, are all itinerant music teachers at Marsden School and a corridor conversation sparked a desire to make music together.

“Amik” as a verb in Māori means to tell a story in detail and the Trio has developed this concert programme on the theme of “Tales of Love and Enchantment”. The scope for this combination is wide and Amiki Trio has explored repertoire ranging from expressive French lyricism to contemporary composition.

Voice, flute and piano blend and contrast as the musicians take you through a varied programme, from subtle French colours to a narrated tale of an emperor and a bird. Hear the nightingale sing, the shepherd sigh, the water swirl around a water nymph, in compositions by Delibes, Ravel, Schubert and Reinecke.

Chamber music is an important element in



Barbara, Karen and Rachel

the freelance careers of all three musicians. All agree that the intimate performance of these trios and duos allows all to relish the essence of chamber music – emotional communication through music and thus connection with the audience.

Amiki Trio Tales of Love & Enchantment
4pm Sunday 7 April. 57 Wood St, Greytown.
Admission \$30, children \$10.

For bookings email efjacooke@gmail.com, or call 06 304 9497

REBUS CLUB

Are we crazy?

The South Wairarapa Rebus Club celebrated its end of financial year and the beginning of 2024 with a garden party in Martinborough on 26 January.

The weather was obliging; it was a very pleasant opportunity for longer chats than at our monthly meetings. Our meeting on 23 February was our AGM.

Lizzie Scott was our guest speaker, founder of CaringStay Ltd, a network of private homes that offers places for individuals in need of respite. They are a new company with a mission to offer short-term comfort and care in private homes to individuals who should not be alone for various reasons.

With several new members joining recently, the club moves forward into the New Year with confidence. At our next function on 22 March we will hear from Gavin Watson, “Are we crazy? A late-in-life decision”.

The South Wairarapa Rebus Club meets in the South Wairarapa Working Men’s Club at 9:45am on the fourth Friday of each month. Anyone in the retired age group is welcome to come along to a meeting as a visitor. Please introduce yourself at the door from the rear carpark or contact John Reeve 021 560 461.

CARTERTON SCHOOL

All on board the skate express

Carterton school was fortunate to acquire a shipping container for all its skate gear. This unique container had an epic journey coming over the Remutakas, making its way here safely.

Team Kahikatea (Year 7 & 8 students) had the honour of welcoming the container and organising all the skate gear and ramps – all ready to go. Carterton school plans on partnering with local artists and talented students to bring the shipping container to life. What will the design encapsulate?

A shipping container in the news? Why is this storage space important? For starters, Carterton school is excited to give skating opportunities to some of our tamariki in our community. How cool is that? How do you seize this amazing opportunity? Stay tuned to the local paper/social media to find out.

Funding from Nuku Ora Tu Manawa Fund, Trust House Foundation, Wairarapa Building Society, Carterton District Council & Carterton School PTA has made this possible.

Mr X, Team Leader, Team Kahikatea



Get your skates on



Do You need help with your Property Maintenance ??

Joinery repairs or Replacement
Decks-Fences - Sheds - Kit set or full build
Garden Bag service

Any other small jobs considered

Peter Bennett
021 305 161

Craig Bennett
021 655 600

Autumn plant fair brings new garden experience

As the seasons turn, summer gives way to autumn and gardens breathe a sigh of relief with the cooler temperatures.

It's an ideal opportunity to take stock in the garden. Autumn shows us how to embrace change in the garden now that the busyness of summer has melted away.

To celebrate the season, a sprinkle of gardeners from Parkvale to Gladstone are working together to bring a new garden experience in the region. The Great Gladstone Plant Fair debuts on Saturday 13 April and will be a way to explore four diverse garden styles, meet the growers and buy plants from their nurseries.

It's been dug up by The Gardening Collective – a florist, a four-star rated cottage garden open to the public, a boutique B&B and gardens owner, and a new naturalistic garden and nursery in Parkvale opening for the first time.

Behind every garden is the gardener. Each brings their own style and focus to their gardens, offering a chance to see planting for



Danny (Parkvale Gardens), Luke (Longbush Cottage), Renee (The Summit Lodge) and Bron (Bloomwood Flower Design)

Wairarapa conditions. The Collective's vision is to bring plant lovers together by sharing their gardens and knowledge.

The name, Great Gladstone, was inspired by Great Dixter – a historic house and garden in the UK where each year an annual plant fair has become a pilgrimage for garden enthusiasts and a way to support small nurseries.

On fair day, other local growers and stallholders will be in support in selected gardens and refreshments will be available at Longbush Cottage.

The Great Gladstone Plant Fair goes ahead rain or shine on Saturday 13 April, 10am-4pm. Tickets \$35 + booking fees, available from iTicket and iSites.

Rick Spooner
Building Contractor

"Little River", 62 Mt Holdsworth Road,
RD 1
CARTERTON

Mob: 0274 438 131
spooners4@xtra.co.nz

LBP # 102740
(Carpentry & Site 1)

FORMED
by hand - concrete pottery

Hand-crafted concrete
plant pots, water features
& concrete furniture.

Carterton
formedbyhand.com
021 0224 4174

Carterton Preschool & littlies

Our family run business comprises of two quality early childhood centres. Each centre provides children with an environment which is a 'home away from home', where they are nurtured to thrive.

www.cartertonpreschool.co.nz
admin@cartertonpreschool.co.nz
Preschool 06 379 7590 Littlies 06 379 7699

RODGER'S
Handyman Service

- Decking
- Fencing
- Painting
- Repairs

... and much more

~Call Jim & Luke for a free quote!
027 342 9902
jimlukerodgers@gmail.com

Why? Because we're good!

Education, Youth, Children

Carterton Community Playgroup

Contact Amanda 027 316 6099

Carterton Community Toy Library

Facebook:@cartertontoylibrary

Carterton Kindergarten

Phone 379 8102 or call in to enrol. Website wmkindergartens.org.nz Email: carterton@wmkindergartens.org.nz

Carterton Playcentre

Email carterton@playcentre.org.nz, and on Facebook

Carterton Scout Group

Keas, Cubs and Scouts. Contact Sylvia Morgan 06 379 7153 or 027 249 3395

Girl Guide Groups

Guides and Brownies, Sharon Aston 021 033 0550. Pippins, Debbie Fryer 06 379 6588

He Pounamu Early Nurture

See Facebook, or email admin@hepounamu.co.nz

Kiddie Gym

Joan 06 379 8325 Longbush Playgroup We run 9am–noon Wednesdays during term time. Search Facebook for Longbush Playgroup for more info

Masterton Toy Library

365 Queens St Masterton. Open Tuesdays, Thursdays, Saturdays, Sundays 10am–12 noon. New members welcome.

Montessori Playgroup

9.30–11.30am, Plunket Rooms, 50 Holloway St, Carterton, phone Emilie 021 963 929

Proactive Parenting Services

at Wairarapa Safer Community Services Trust, 185 High St South, Monday–Thursday 8am–4pm. Enquiries to Sam Williams 021 509 626 or 06 379 5404

Rangatahi to Rangatira

youth group, a free Carterton youth group getting young people involved in their community. Facebook: facebook.com/r2rcarterton

South End Kindergarten

Phone 06 379 7723, southend@wmkindergartens.org.nz

St John Maria Tankersley

06 379 6479

Wairarapa Kids Choir

Fridays from 3.50–4.50pm term time at the Courthouse, Carterton Events Centre, ages 7+. New recruits welcome. Contact jillbebbington@wise.net.nz

Wairarapa Youth Services

at Wairarapa Safer Community Services Trust, 185 High St South, Monday–Friday 8am–5pm. Enquiries to Loraine Mitchell 021 509 446 or 06 379 5407

Arts

Book Club

Carterton District Library, library@cdc.govt.nz. 06 379 4080

Book Group

U3A Sue Burns 06 379 6506

Carterton Craft Market

Open 7 days from 10am–3pm. Call Desley 027 787 8558

Greytown Music Group

Ed and Juliet Cooke, phone 06 304 9497, email efjacooke@gmail.com.

Heart of Arts Wairarapa

47 High St North Carterton. Open Wednesday–Sunday 10am–4pm

Jonáš Koukl's music classes

and drumming group. Contact Jonáš at jonas@connecting-arts.com 021 0842 1552

NZ Pacific Studio Residency Programme

visit www.artistresidency.org.nz

Off Track Arts

Handcrafted

jewellery, sculptures and art knives by Benjamin Madden and Marisa McLuckie. Home gallery open by appointment, offtrackarts@gmail.com, www.offtrackarts.nz

South End Strummers

friendly, fun and informal ukulele group. Players of all levels and singers welcome. Contact Kris 027 383 1285

Wai Art Group For information phone Anthea Crozier 06 377 1261

Wairarapa Music Co-Creation Meetups

www.connecting-music.nz, 021 0842 1552

Wairarapa Word

Presentations and workshops, talks with writers, since 2012. Dates and times vary. Find us on Facebook and YouTube. Contact events. waiword@gmail.com

Services

3Mile

Sign up via our Facebook or Meetup pages

Age Concern

Contact 06 377 0066 for more information

Alcoholics Anonymous

Bob 021 042 2947 and Martin 06 372 7764

Carterton Community Dinner

All welcome. \$6. RSVP 06 379 7937

Carterton District Historical Society

142 High St North, Carterton. Open Tuesday and Thursday 2–4pm or by appointment via Vivienne 06 379 5564 or email carterton.hist.soc@gmail.com

Carterton Foodbank

Answerphone 06 379 4092

Carterton Friendship Club

Jeanne 06 379 5444

Carterton Justice of the Peace service

Every Friday noon–2pm Carterton Library

Carterton Rotary Club

Secretary 022 340 7418

Central Lions

Nita Edwards 027 247 8441

Clareville Cemetery tour organiser

taphophile and researcher. Contact: 06 379 6402, pentonygraham@xtra.co.nz

Club Carterton

Club Carterton on Facebook. 35–77 Broadway, Carterton

Diabetes

contact

Georgina Kilmister, Chris

georgina@yahoo.com

Digital Seniors

Free technology coaching sessions and support for over 65s, Carterton Library, Tuesdays 9.30am–11.30am, contact@digitalseniors.co.nz or 0800 373 646

Epilepsy Support Group

0800 202 122

Ka Pai

Cimone Grayson or Lucy McKenzie email hello@kapaicarterton.nz, website kapaicarterton.nz

Kieran McAnulty

Kieran. McAnulty@parliament.govt.nz, 04 817 9999

Lions Club of Carterton

Contact Colin Slade, secretary, phone 021 369 797, email colin@ckslade.nz Membership and meal cancellation phone John Keating on 021 335 844

NZ Red Cross Masterton Migration Programmes

Hanschen. Venter@redcross.org.nz, 027 261 5731, 0800 REDCROSS (733 276), www.redcross.org.nz

Parkinson's Exercise Class

every Thursday 1.30pm at Wairarapa Boxing Academy, Dixon St, Masterton. Phone Roslyn 027 264 8623

Parkinson's Singing Group

every Wednesday 10.30am at South Wairarapa Workingmen's

Club, Main St, Greytown, phone

Marguerite 06 379 5376

Personal Development Coaches

Maree McManaway, and her team of coaches: Chris, Business; Heather, Law of Attraction; Karen, Menopause Empowerment; Wendy health/recovery, Justine, relationships – call 027 248 8660, www.lyf4u.co.nz

Red Cross psychological first aid (PFA)

initial emotional and practical support following a traumatic event, psychological first aid online courses, www.redcross.org.nz

Reformed Congregation of Carterton

6 Howard St. Worship times 10am and 6pm. All services live-streamed at www.rcnz.org Phone Pastor Arnoud Vergunst 027 920 1327

Senior Citizens

Yvonne Brown 022 140 6671

South Wairarapa Rebus Club

Contact John Reeve 06 379 9379, southwairaraparebus.com

South Wairarapa Working Men's Club

06 304 9449, swwmc@wise.net.nz

St David's Presbyterian Church

164 High St South, Carterton. Sunday services 10am. Phone 06 379 8325, email st.david@xtra.co.nz

St Mark's Anglican Church

185 High St South, Carterton

Worship every Sunday 9.30am and every Thursday 10am. First Sunday in month 8am service and 9.30am Café Church. Email office@stmarkscarterton.co.nz or phone 06 379 8371 or 021 541 618

Toastmasters Wairarapa meets fortnightly on Tuesday evenings, 7.30pm at the Salvation Army Hall, 210 High St South, Carterton, contact Wayne on 027 335 5825

Tranzit coach tours for active seniors. www.tranzittours.co.nz or 0800 471 227 9.30am–4pm

Wairarapa Bible Church

265 High St South, Carterton. Sunday morning Worship 10am (includes Sunday School). Email wairapabiblechurch@gmail.com

Wairarapa Citizens Advice Bureau (CAB)

43 Perry St, Masterton. Monday–Friday 9am–4pm, phone 06 377 0078 or 0800 367 222, email wairarapa@cab.org.nz, website www.cab.org.nz

Wairarapa Safer Community Services Trust

185 High St South, Monday–Friday, 8am–4pm. Enquiries to 021 509 493 or 06 379 5407

Wairarapa Salvation Army

Carterton Centre, 210 High St Sth. Church service at 10:30am Sundays. Phone 06 378 7316 or email sarah-ann.grove@salvationarmy.org.nz

Sport, Fitness, Movement

Basketball Facebook:

Wairarapa Basketball Society

Carrington Bowling & Croquet Club

Association Croquet Robin Brasell 06 222 4000, Golf Croquet Helen Waldron 379 5671, Bowls Pauline Hodgson 021 406 6728

Carterton Cycling Group for all bikes, meets Wednesdays, phone Irene Price 027 634 9167 or Lesley 021 299 6389

Carterton Golf Club Foot golf, \$5 for children, \$10 for adults, office hours Friday-Tuesday 8:30am-1:30pm, phone 06 379 8457, email admin@cartertongolf.co.nz, website www.cartertongolfclub.co.nz

Carterton Netball Club email Cartertonnetballclub@gmail.com, phone 027 427 7332, website https://www.sporty.co.nz/cartertonnc

Carterton Scottish Country Dance Club Contact Michael 06 377 0322, 021 535 897, website: dancescottish.org.nz

Carterton Swimming Club

Deanna Wadham: cartertonswimracesecretary@gmail.com. Water aerobics, indoor pool, key hire, Russell Geange 027 755 5636

Carterton Tennis Club new members welcome, free public session 2pm every Sunday, cartertontennis@gmail.com

Clareville Badminton Club Steve Ruscoe, 027 333 3975

Cycling Irene Price 027 634 9167 or Lesley 021 299 6389

Dalefield Hockey Club Gail Miller, secretary, 06 379 8341

Dance Lessons Hip Hop, Jazz, Tap, Contemporary and Ballet. All ages. Jacqui Murray School of Dance 027 242 3462, www.jacquimurraydance.co.nz, email jacquimurraydance@xtra.co.nz

Dimensional Fitness classes. Fitness training with Anaru and Dallas Te Rangi. Facebook

Featherston Amateur Wrestling Club Classes Wednesdays during school term time, Beginners, 10 years+ (including adults). Phone Dannii Sargent 027 920 6751

Free Fit Club Di Bailey 027 498 7261

Gain Momentum Pilates with Linda Penlington. See gainmomentum.co.nz for details

Greytown Rail Trail Parkrun 8am each Saturday, register first, website www.parkrun.

co.nz/greytownwoodsidedtrail

Indoor Bowls, Clareville

For information phone Colleen on 06 379 8399

Karate Jacqui Malcolm 027 325 3370

Kiddie Gym @ St David's – Wednesday mornings during school terms – for under 5s – 9.30am-11am. Contact Joan or Judy on 06 379 8325.

Morning tea provided, gold coin donation appreciated

Modern Jive dance classes

Contact Lance 021 134 5661 or Facebook group, Wairarapa Modern Jive

Mountain biking Contact Allan Wasmuth 027 212 5644, wascox@contact.net.nz

Ruamahanga Ramblers

Full programme on sporty. co.nz/ruamahangaramblers/. Paul Furkert 06 379 5355

South Wairarapa Tramping Club

Barry Kempton, 06 304 9353, 027 430 5935. For the club: Carol Major, 06 304 8210

Squash Club

howardboothsquash@gmail.com

Swimming lessons and club activities, all ages, Carterton

Swimming Club, Pembroke St. Heated indoor pool. Contact Cynthia Lowe, cartertonswimrace secretary@gmail.com

Taoist Tai Chi Wednesdays from 5:30pm at St Mark's Church Hall, 185 High St, Carterton, contact www.taoisttaichi.org for more information

The Dance Shed Wendy Walker 027 319 9814

Wairarapa Dance Club Russell 06 377 1609

Wairarapa Dog Training Club Google us

Wairarapa Shafts & Wheels Driving Association text or phone, 027 318 3359

Wairarapa Spitfires Baseball Club for ages 5-18 years. Club captain Shane Fawdray 027 395 5001 email baseball@spitfires.nz

Yoga / Reiki Health and wellness for mind, body and soul. Phone Colleen 021 177 1956 www.colleencarver.com

Yoga with Em, contact Em 021 184 8680 or see website yogawithemmie.com

Yoga with Odette Odette 021 180 9452, classes see website nzyogasug.com

Special Interests

Borderlandz Paintball in Belvedere Rd. Contact Vicky Gallon 0508 P8NTBALL, vicky@borderlandzpaintball.co.nz or visit BorderlandzPaintball.co.nz

Carboot sale St Marks church grounds every first Saturday of the month 9am to noon. Enquiries Parish Office 06 379 8371 (Office hours 9am to noon Tuesdays)

Cards On Wednesdays at the old courthouse next to the library, phone Faye 021 606 637

Carterton Community Choir 7-9pm at St David's Presbyterian Church Youth Wing, 164, High Street South, Carterton, contact Elaine Pacey 027 820 5801

Carterton Farmers Market Memorial Square, every Sunday from 9am-12.30pm (when at Covid Level 2 or under.) Check Facebook @CartertonMarket for wet weather venue. Enquiries info@cartertonmarket.co.nz or 027 663 9011

Carterton Menzshed Monday, Tuesday and Thursday, 9am-1pm, at A&P showgrounds, Clareville. New members welcome, phone 027 313 6901 or email cartertonshed@gmail.com

Carterton Rose Society Graeme Renall, president, 06 379 7065, Vivienne Hawken, secretary, 06 379 5564

Friday Night Food Trucks Second Friday of each month at Carrington Park 4:30-7:30pm. Come along for awesome street food, live music and places to relax. Follow our Facebook page for updates

Garden Group Vicki Waller 027 487 0707, rossvickiwaller@gmail.com

Holdsworth Women's Institute Call Denise Richardson 06 379 8339

Knit and Natter Group Keitha Roberts 021 061 7720

Mah Jong Contact Margaret Stevens 06 379 8681

Mangatarere Society Jill Greathead 027 488 4376 mangatarere.restoration@gmail.com

Men's Group Wairarapa Support group meeting every 1st Thursday indoor (Carterton) and every 3rd Saturday overnight in the mountains. www.mensgroup-wairarapa.nz

Railway Museum website cartertonrailwaymuseum.org.nz

South Wairarapa Bridge Club Contact Katherine 027 243 3495

Stonehenge Aotearoa Open 10am-4pm Wednesdays to Sundays. Guided tours and Night Sky tours anytime or day by arrangement

Tui Brewery Shine & Show series. Contact Rosie Rogers, Tui Brewery experience director, Rosie@thebrewery.co.nz

U3A (University of the 3rd Age) a group for mainly older folk to meet and discuss issues usually on the third Thursday of each month in the Events Hall of the Roseneath Lifecare and Village in Carterton 9:30-11am. Contact the convenor, Paul Mallinson on 021 109 4652

Wai Dadz support group All dads welcome. Contact Luke Tiller 0508 CALL DAD

WaiGuys Social group for gay men. waiguys@gmail.com. Facebook.com/waiguys

Wairarapa Archive Mark Pacey markp@library.mstn.govt.nz

Wairarapa Branch NZ Soc of Genealogists phone Diane Edwards, 06 379 7150 or email wairarapa@genealogy.org.nz

Wairarapa Camping and Caravan Club Phone 027 677 3706 or

email pamhoneill@gmail.com

Wairarapa Greens 021 247 8360 or Wairarapa@greens.org.nz

Wairarapa Herb Society Meetings third Tuesday of the month 1.30-3pm Old Courthouse, Holloway St, Carterton. Contact Christine Voelker 027 280 6739 or waiherbs@gmail.com

Wairarapa Labour, Masterton Branch Phone 06 379 8021 for venue and details

Wairarapa Model Railway Club meetings first and third Thursday of the month, 7.15-9.30pm, contact Peter Murray 027 630 1780

Wairarapa Vintage Car Club contact Kevin Sullivan, phone 022 377 8443

Wairarapa Woodworkers Guild woodturning, scroll sawing and carving. Woodturning and scroll sawing classes on Saturdays and Wednesday afternoons, phone 06 379 9238 or email woodturing2022@gmail.com. Meetings last Thursday of the month

If your details have changed, or you would like your entry removed, let us know at crier.ed@gmail.com

Get your message out there

Do you have a message to share? Are you a media junkie? Or do you want to learn more about podcasting and broadcast media?

Arrow FM is your local community access radio station. Our shows are created by, for and about everyone in the community who want to share their cultures, issues and beliefs with their own people and the broader community. If you represent a community support service, practise sustainable farming, are a member of the disability community or want to celebrate your cultures and enthusiasms, you can share all this with Wairarapa and the world thanks to our podcasting and live broadcasting platforms.

Arrow FM presents Creating Media, an exciting and dynamic workshop designed to empower you with the skills and knowledge you need to reach your audiences. We will explore the diverse technologies available to content creators (you) in today's media landscape. And because we're all about the people and the message, Creating Media will help you with content creation and presentation.

We are delighted to welcome Phil Grey, manager of Free FM in Kirikiriroa (Hamilton) and an expert in podcasting, to deliver a session on Podcasting, Multi-platform Use and Programme Promotion.

Phil has presented at national media events



Marina at Arrow FM

and manages the national Access digital platform centre – accessmedia.nz. Phil will cover multiple aspects of podcast production from content creation to techniques for engaging your audience. You'll also explore how you can use social media to promote your content.

Our very own programme makers, Chris Parkinson of Waibrations and Becky Bateman of Ara Toi Pathways to Art, will follow with their insights. Chris on Short-Form Programming, where he edits show material into bite-sized chunks suitable for the internet audience

and Becky on Programme Planning, Creating Content and Incorporating Visuals into Presentations.

Whether you're one of Arrow FM's current programme makers, new to the airwaves or already producing content from home, there's something in Creating Media for everyone.

The workshop is free. Email us on quiver@arrowfm.co.nz to secure your place, or just turn up to Wairarapa REAP at 340 Queen St., Masterton 1-4 pm on Saturday 16 March. Refreshments provided.

Marina Lira

WAIWASTE

Feed people, not landfill

Founded in 2015, Waiwaste rescues food that is good enough to eat but not good enough to sell.

Our staff and volunteers work in the Wairarapa, collecting from supermarkets, growers, cafes, bakeries and producers who recognise they can help their community by handing on food to us. We distribute it to local community organisations that support people who are struggling to feed their families.

Waiwaste is the New Zealand Food Network Hub for the Wairarapa and receives bulk rescued goods from its logistics centres. We are the wholesale arm of food security in the Wairarapa while the foodbanks and other community organisations are the retail arms. In Carterton we support the Carterton Food Bank, Carterton Village Charitable Trust and the Safer Communities Trust.

We collect and deliver food from across the Wairarapa and Tararua district, and have two fully electric vans that are always on the go. Our facilities include a warehouse in Hope St that has a large walk-in freezer and chiller, where we sort, store and distribute food to our recipient groups. From its inception Waiwaste has distributed over 672,305kg of food and the volume has continued to increase significantly over the past three years.

We have a dedicated team of regular volunteers to assist with daily food collection and distribution. If you would like more information or would like to volunteer, please contact Victoria Ross, manager Waiwaste, 020 492 400

CITIZENS' ADVICE

Essential service celebrates 50 years

The Wairarapa Citizen Advice Bureau (WaiCAB) is celebrating the 50th Jubilee of the establishment of our bureau on the afternoon of Wednesday, 20 March 2024.

From an early beginning with 2 volunteers based in Centre Point in 1974, WaiCAB evolved through the years, becoming incorporated in 1985, computerised in 1990, linked into the 0800 number nationally in 1997 and celebrated its 25th Anniversary in 1998.

In 2000, WaiCAB moved to its present base in Masonic United Lodge Rooms in Perry St, Masterton, operating five days a week with over 30 trained volunteers providing an essential service. Nationwide, CAB has more than 2,600 trained volunteers in over 80 CAB offices.

We will be acknowledging and celebrating all the many other Wairarapa community-based social service organisations and shareholders with whom we liaise and refer clients to, who provide valued support and services for the many disenfranchised families and individuals needing their assistance.

Many of these Wairarapa organisations go unannounced or acknowledged yet provide the very fabric that holds our Wairarapa community together, volunteering their time and expertise, exercising great compassion and support.

Peter Debney, Wai CAB 50th Jubilee coordinator



Weeds, weeds and more weeds

Over the Christmas break the weeds exploded, much more than in previous years.

Volunteers began 2024 weeding along the railway line between Pembroke and Victoria Sts, which took two Friday morning working bees to bring under control due to the ground being hard to dig and the number of weeds.

Next it was down to the transfer station in Dalefield Rd to sort out the weeds there. This again was hard work, even trying to dig in forks to remove the weeds.

Then it was up to the cemetery to help cut down the agapanthus heads and rake up the leaves around the chapel that had accumulated since Christmas due to the hot weather. The garden by the cremation plots that is full of oxalis has yet to be sorted.

After this came the clean-up at Moreton



Morning tea at the transfer station

Rd reserve. Common phrases heard from volunteers – “man the shrubs have grown”, “there is dead convolvulus everywhere” and “the ground is hard”.

Even though the work was hard, members

still smile and enjoy a catch- up chat, especially at morning tea.

Follow us on our Facebook page to see what we have been up to.

Cath Rolls

MOLEWOOD ORCHARD

Apples and pears for you to pick



The Cooke Family in Molewood Orchard

Greytown’s Molewood Orchard is opening again this year for pick-your-own apples.

Last year was the first time the family-run orchard had been open to the public. The initiative was greeted with huge enthusiasm, with people travelling from throughout the Wairarapa and much further afield to pick fresh sun-warmed fruit off the trees.

The Cooke family, who returned to managing Molewood Orchard in 2022, is delighted to be preparing for another pick-your-own season. The Cookes are looking to build on the success of last year and have a number of new initiatives to introduce to the public.

This season the orchard will be offering pick your own pears as well as apples. “Last year we provided ready-picked pears at the orchard shed, but this year we decided to throw open the pear block to pickers,” says Wendell Cooke. The pear block includes four varieties of pear: Buerre Bosc, Packham’s, Taylor’s Gold and Doyenne du Comice.

Ed and Wendell Cooke have recently uncovered an additional gate on Mole St that was completely overgrown in the shelter belt. The car park by the orchard shed has been expanded. Together with the new exit, this will mean parking is available in the orchard grounds, reducing the need to park in Mole St.

The Cookes say they are also excited to introduce their new picnic area, Molewood Meadows, to the community. Two of the open spaces within the orchard have been ploughed and planted with fresh grass. The Meadows are intended as a picnic area and space for community events. Molewood Meadows will also be the venue for the inaugural Greytown Apple Harvest Festival at Molewood Orchard on 27 April 2024.

Start picking 9am-4pm each weekend from Saturday 2 March until the end of King’s Birthday Weekend at 17 Mole St, Greytown

Wai-UK Store
On-line & in store

We import directly from the UK

- Yorkies - Milk & Raisin
- MAOAM Sweets
- Wagon Wheels
- Jaffa Cakes
- AND MUCH MORE.

If there is something you want, let us know and we'll do our best to get it.

84 Main Street, Greytown
Open Friday, Saturday and Sunday 10am-4pm
Click and collect within these hours
www.wai-ukstore.co.nz

WAIRARAPA
BOARDING KENNELS

- Fully insulated and airconditioned units with indoor/outdoor flow
- Large free run area

027 6172 863

info@wairarapaboardingkennels.co.nz
wairarapaboardingkennels.co.nz

Wairarapa Wines Harvest Festival announces 2025 Date

Get ready to raise a glass and celebrate the best of Wairarapa! The highly anticipated Wairarapa Wines Harvest Festival has announced its 2025 date. Hot on the heels of a fantastic festival last weekend, returning to the stunning riverside setting of The Cliffs in Carterton, Harvest Festival Committee are proud to announce Harvest Festival 2025 will be on Saturday, 15 February.

"We're thrilled to announce the date for the 2025 Wairarapa Wines Harvest Festival, sticking with our established date – the third Saturday of February" says Nicky Geary, Chair of Wairarapa Wines Harvest Festival. "After a fantastic 2024 event, we can't wait to welcome back wine lovers, foodies, and music enthusiasts for another unforgettable day of celebrating the region's incredible wineries and producers."

The festival showcases the finest Wairarapa hospitality, with 16 wineries bringing their award-winning drops for tasting. Live music will provide the soundtrack to the day, while a selection of renowned local

food producers will offer delicious pairings that perfectly complement the wines.

Geary also emphasizes the importance of the event for the region. "Harvest Festival is a wonderful opportunity to showcase the passion and dedication of our local winemakers and producers," she says. "It's also a fantastic way to bring the community together and celebrate everything that makes Wairarapa special."

Mike Weeks, Provincial Insurance Brokers, echoes the sentiment. "We're proud to be the presenting sponsor of Harvest Festival as it truly highlights the best of the region," he says. "Harvest Festival is a vibrant and exciting celebration that attracts out of region visitors, benefits the entire community, and we're committed to supporting its continued success."

In addition to the main event, the festival will also be bringing back Wine Geek 101 pre-event after its successful launch this year. This intimate session offers a way to ease into the Harvest day while providing an educational and interactive experience for those wanting to delve deeper into the world of wine.

Mark your calendars for Saturday, February 15th, 2025, and join us at the Wairarapa Wines Harvest Festival for a day of unforgettable experiences. Follow us on social media and visit our website for more information and updates. Tickets will go on sale later this year.

Website: wairapaharvestfestival.co.nz

FARMERS' MARKET

A great place to shop

The Vagabond Vege stall is proving very popular at the Carterton Farmers' Market, with customers keen to buy compost-grown, spray-free produce harvested weekly from their market garden in Greytown.

On a fine Sunday you'll find the market under gazebos in Memorial Square, but we've been unlucky with the weather this year, so our stalls have mostly been on the footpath in front of Flair Flooring.

Regular customers make a bee-line for Helen's Honey, or Jenny's organic egg stall, and then on to Helen's Garden for Life stall to choose from the wide variety of her garden-related products, including plants, seeds, herbs, salads, wonder-weeders and her ever popular children's illustrated book *Good for you, Helen Dew*.

Once monthly, meat eaters move on to Claire's huge chilli bin to choose from her ethically produced Complete Cow selection.

For flavour and goodness – and produce not easy to find elsewhere – the Carterton Farmers' Market is the place to shop. It's a friendly hub for locals to meet every week. Bring family and friends, and chat with stallholders, 9am–12.30pm, every Sunday.

Gardeners, mark your diary for the Carterton Farmers' Market annual Arbour Day plant sale, 26 May.

We welcome enquiries from prospective stall holders and have free spaces for Young Entrepreneurs and fundraising/information groups. Visit Carterton Farmers' Market website or Facebook page for more information, or phone Dan on 027 663 9011



There's plenty to choose from



Lots of fresh produce

WHO identifies back pain as world's No.1 cause of disability

The World Health Organisation (WHO) has stated that back pain is the leading cause of disability globally. In 2020, about 1 in 13 people, equating to 619 million people, experienced lower back pain (LBP) – a 60% increase from 1990.

We live in a world where humanity has its sights set on the colonisation of Mars. Yet we haven't figured out some basic things, such as mental health, obesity and back pain.

But happily, this isn't because issues like back pain and obesity are untreatable or unfathomable. For those of us who are determined to be healthier, there are answers.

There are numerous common causes of mechanical LBP. The most common are muscle weakness, unhealed injuries, emotional stress and issues with the feet. The worst cases of back pain tend to involve a mixture of factors. And Terry was one of these patients.

Terry's back pain started with a sudden jab of knife-like pain while she was lifting some furniture into the back of a car. On the face of it, that seemed like a pretty straightforward injury. But, on closer inspection, it became very clear why this relatively normal lift left her with pain that had not gone away four years later.

Terry's back pain first showed up during a relatively heavy lift. But it also came on within a month of losing her partner to cancer. Sad, but true. She had also injured her right knee six months before the back injury and had been limping ever since.

The combination of grief, poor lifting technique and persistent changes in her body's movement patterns were the real cause of Terry's back pain. Yet, on the face of it, the problem looked like an injury. Back pain is seldom simple.

After four years of excruciating pain and frustrating healthcare interactions, it took only three months of proper treatment to

resolve Terry's pain. And as is typical of chronic pain sufferers, Terry needed a range of treatments in order to recover.

The sad fact about the back pain sufferers who make up the WHO statistics is that they don't get access to the recommended treatments. Most back pain sufferers limit their treatments to the use of pills, and sometimes some stretches or core exercises, as opposed to the type of intensive treatment Terry received.

The WHO recommended:

- Education programmes that support knowledge and self-care strategies
- Exercise programmes; physical therapies, such as spinal manipulative therapy and soft tissue treatments
- Psychological therapies, such as cognitive behavioural therapy
- Medicines, such as non-steroidal anti-inflammatory medicines.

Terry was part of a process that included lots of education, intense soundwave therapy, intense Laser

therapy, dry needling, brainwave entrainment, myofascial cupping, spinal manipulation, Gaston technique, and gluteal muscle strengthening.

And once the work was done, she resumed a completely pain-free existence, happily withdrawing her contribution to the grim statistics highlighted by the WHO.



Tobias Hall

BSc Hons 1st Nat Dip NZCA

Severn Pain & Injury Clinics
(previously Featherston Street Pain Clinic)
82 Main St Greytown,
06 385 6446

NEW AUTHOR

Grandad's dream in action

Carterton resident Clint Chalmers has found a new lease of life since retiring from teaching six years ago – he's recently discovered the joy of writing and illustrating books for children.

The initial impetus came when he was thinking of what to give one of his grandchildren for Christmas. Jovie has Samoan heritage so Clint created a colouring and activity book for her in Samoan.

It worked out so well that he followed it up with a poetry book called Grandad's Dream, in which each page relates to one of his six grandchildren and what they love to do.

"We took the two books down to our family Christmas get-together on the West Coast last year," says Clint. "The kids loved them and both our daughters shed a few tears when they saw them. That was pretty special."

Clint has since gone on to create English and Māori versions of the colouring books and other books, including journals and children's picture books. His best seller in New Zealand and on Amazon is "The Alphabet Book".

Recent developments in technology have made it much easier for Clint to produce and sell the books. Once he's written the text, he creates the illustrations using some AI and other computer graphics programs. The publisher, Amazon, prints and posts a book on demand when ordered.

"For me, the books build on my 40 years teaching experience and my passion for children's learning," Clint explains. "I want to see them getting off their phones and enjoying and loving books. It's exciting



when one of your books sells – and we sell many in New Zealand, including to schools and parents."

Clint and his wife Karen sell the books for \$10 each. If you'd like to order, go to www.creativeyoungminds.nz

Crossword Solution

- Across:** 1. Manaaki, 4. Oscar, 7. Achilles, 9. Opera, 12. Lucrative, 14. Tricentennial, 18. Rangitira, 21. Halva, 23. Turnover, 25. Dwell, 26. Embrace.
Down: 1. Monosaturated, 2. Ajar, 3. Kea, 4. Quila, 5. Celli, 6. Russell Geange, 8. Cicatrice, 10. Etni, 11. Aloe, 13. Ten, 15. Cog, 16. Noah, 17. Idol, 19. Nurse, 20. Adopt, 22. Aver, 24. Rum.

Richard Nicholas "Dickey" Sayer

Richard Burgess Sayer left England on the 15 September 1839 on the ship "Oriental". He landed at Port Nicholson, Wellington, four and a half months later on 31 January 1840. He was an assisted immigrant and described as single, a bricklayer and 21 years of age.

Richard died on 26 December 1854 leaving his wife, Jemima Sayer, nee Oxenham and his son Richard Nicholas "Dickey" Sayer. Jemima married John Ashmore in 1855 and the family relocated to the Wairarapa.

John Ashmore was commissioned by the Wellington Provincial Council to build the Black Bridge over the Waiohine River but he ran out of funds in 1858 and the project was taken on by Charles Rooking Carter.

A year later Ashmore moved



Sayer's Slab Whare – Frank Fyfe, May 1996

out of the area when Ngati Kahungunu, leader of Ngatuere Tawhirimatea Tawhao threatened to burn his house down after he refused to pay local Maori for grazing rights. However, 14-year-old Dickey Sayer, who was a friend of Ngatuere, remained.

With no funds, he survived living as a hunter and the logical choice of shelter was a slab whare.

This was a simple box-like, one roomed house, that could be easily built by a single man with very little outlay other than his labour and basic tools such as a heavy iron wedge.

It is likely that his carpentry skills were developed by working with his stepfather on the Black Bridge. Whether he did or not, he took considerable trouble to

chamfer each slab to ensure each totara board, harvested from trees growing on the land, would slide neatly in behind each other. It is considered that Sayer's slab whare is a unique survivor of the provenance in Wairarapa and is still standing today.

To be continued.

Acknowledgments: CDHS Archives, Wiki Tree, Heritage New Zealand



Dr Mike Joy

WAIRARAPA WORD

Activities mapped out for season

Wairarapa Word's 13th season has started, featuring monthly events, with the next event falling during Earth Day month.

On 7 April, freshwater ecologist Dr Mike Joy will speak. Look out for his forthcoming memoir "The Fight for Freshwater" (Bridget William Books).

On 5 May, Julia Marshall, who founded Gecko Press in 2005, speaks about her journey into publishing with Wairarapa Word's Jill Livestre.

The monthly programme is held at the Carterton Community Courthouse, usually the first Sunday afternoon of the month at 4pm. Koha is appreciated. Wairarapa Word thanks Wairarapa Library Service, Carterton Events Centre, Almo's Books, and Carterton Creative Communities.

Send a "sign me up" email to events.waiword@gmail.com to receive updates.

RAILWAY CROSSINGS

New rail safety measures

Carterton District Council welcomes the new rail safety measures KiwiRail and Greater Wellington Regional Council have confirmed, as part of their ongoing commitment to upgrade the Wairarapa Line Service.

KiwiRail and Greater Wellington Regional Council have announced the findings of their report into Wairarapa rail crossings following last year's announcement over potential crossing closures on the Wairarapa Line.

In May 2023, KiwiRail undertook individual assessments of each

of the 30 crossings as part of its work to prepare a more frequent and faster commuter service between Masterton and Wellington. It proposed 23 level crossings with flashing warning lights, bells, and barrier arms and closing 7 level crossings. This included a number of crossings in Carterton.

Following meetings last year, KiwiRail carried out an independent assessment that considered safety and the broader implications to the road network and community.

Among of the findings, the report recommends closing five level crossings across Wairarapa and upgrading 25 more. The closures would include Rhodes St and Victoria St in Carterton.

It was decided to keep Pembroke St open, which was of notable

.../continued next page

Your Letters ...

Dear editor,

Gareth Morgan was right – unmanaged cats are a nuisance animal that must be brought under control.

Why is it permissible for cats to roam the neighbourhood 24/7, hunting, foraging and toileting wherever they choose, when dogs have to be on a leash when outside their place of residence?

Birdlife is the first to suffer, but my main beef at the moment is their penchant for digging up my gardens and newly-laid lawn just to relieve themselves.

Every morning it's the same scene, and one of the culprits is even too lazy to cover up its doings. If it was a dog, the owner could be fined.

Our Council should start preparing a by-law that restricts the free-range territory of domestic cats in urban areas. The owners would be made responsible to keep them in at nights. Cats can be microchipped, and streetside sensors can detect their passing.

Other urban areas are addressing this problem, so come on CDC, make it a level playing field.

When the cat's away, Carterton

The Carterton Crier welcomes Letters to the Editor of 200 words or less.

Letters may be edited for clarity, legal ramifications, length or general taste at the editor's discretion. We also reserve the right to refuse to publish submitted letters for the same reasons. All letters must be signed. Letters published do not necessarily reflect the views of *The Carterton Crier*, its staff or its advertisers.

Carterton kids' Corner



I really love going to the Salvation Army shop by the library in town and spending my money. They have a box of soft toys out the front and they are only 50 cents each. There is a kid's area down the back with lots of books and toys.

The ladies and men who work there are really kind to kids and adults. On the weekend a nice lady bought Henry a soft toy so he didn't have to spend his 50 cents. Some people are really kind.

The best thing I have bought from there are my little TY toys with big eyes. They are fantastic.

I love driving up Mt Dick with my family. We go up there on the morning of people's birthdays and it is always beautiful. We saw hot air balloons from up there and it was so cool – my favourite was the dog balloon and the rainbow one.

It looks so tiny looking down, like the people in Carterton are just little ants and we are big giants. There is a short walk to the top lookout from where we park. It is scary on the edge because you might fall, but it's also a good place to dream about flying.

Ellie Newman

concern to emergency services and the community.

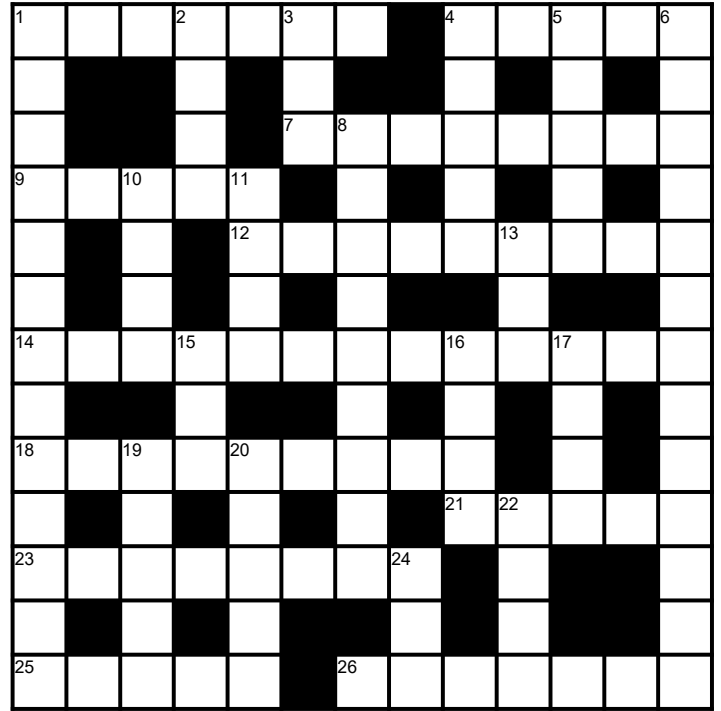
The KiwiRail project team will be working from south to north, with a targeted completion date of mid to late March 2026.

Closing Rhodes St and Victoria St vehicle crossings will still mean continued pedestrian access across the tracks. Brooklyn, Pembroke, and Kent Sts will all remain open, with lights and barriers upgraded and/or installed.

Ron Mark, mayor of Carterton, said the Council and community have worked hard in negotiations with KiwiRail to achieve a better outcome than we anticipated when the project was first announced.

"The track upgrades and increased rail service will boost Wairarapa's transport connections, and the benefits outweigh the potential impacts the two closures will have," he said.

Crossword



ACROSS

1. Hospitality (Te Reo) (7)
4. Major American film award (5)
7. Tendon at the back of the heel (8)
9. Classical music drama (5)
12. Profitable (9)
14. Relating to a period of 300 years (13)
18. Chief (Te Reo) (9)
21. Middle Eastern sweetmeat made from ground sesame seeds and honey (5)
23. Takings (8)
25. Resided (5)
26. Hug (7)

DOWN

1. Fats derived from plants such as olives and avocados (13)
2. Slightly Open (4)
3. Court (street) in Carterton (3)
4. Board used in seances (5)
5. Plural (abbreviated) of violoncello (5)
6. Carterton swimming coach recently awarded the QSM (7,6)
8. Scar (9)
10. Small case for holding needles, cosmetics etc (4)
11. Plant of the liliaceous genus (4)
13. Number on which the decimal system is based (3)
15. Tooth on a sprocket (3)
16. Biblical character who built an ark (4)
17. Object worshipped as a god (4)
19. Look after or care for (5)
20. Take over something as if it were one's own (5)
22. State positively (4)
24. Odd or unusual (3)

Crossword courtesy of Bruce Caddy

Your Carterton Agents

**Over 30 Years Selling Carterton Real Estate
Providing a dynamic, passionate, focused
team, delivering first class service in
property sales**

We bring People & Property Together



Kylie Baron
027 245 7779



Sylvia Wildermoth
027 545 3756

**Call us today for your
FREE Market Appraisal**